



Pizza

8" Cheese \$9.75

12" Cheese \$13.75

Please add \$1.10 per topping on 8"; \$1.35 per topping on 12"

Toppings Include: Pepperoni, Ham, Mushrooms, Peppers Onions, Bacon, Jalapeños, Pineapple Extra cheese, Sausage, Black Olives

Flatbreads

Thin crust, tasty flatbread, loaded with classic flavorful toppings. You'll love this delicious healthier alternative made with wheat flour.

Santa Fe Chicken \$13.95

Grilled chicken breast marinated in a lime sauce, diced tomatoes, diced onions, black olives, and micro cilantro with shredded parmesan cheese.

Sundried Tomato w/Basil \$12.95

Sliced sundried tomato, chopped basil and mozzarella cheese.

The Meatiest \$15.50

Sausage, pepperoni, bacon and ham.

The Vegetarian \$13.75

Roasted red pepper, sliced avocado, sliced red onion and parmesan cream sauce.

On the Side

Onion rings \$4.25

French fries \$4.75

Add Cheese \$1.00

Sweet potato fries \$4.75

Coleslaw \$2.50

Seasonal fresh vegetable du jour \$5.00

Select grilled or steamed

Mushrooms and/or Onions sautéed in butter \$4.75

Baked potato \$4.75

Rice pilaf \$4.25

Garlic Mashed potatoes \$4.95

Add bacon, shredded cheddar, or chives \$2.00

Sautéed Asparagus \$5.25

Consumer Advisory Notice

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Most items cooked in Canola Oil.

Sweet Endings

For our Bistro sweet treats of the day ask your server.

Ice Cream \$6.25

Two scoops of chocolate or vanilla.

Brownie Sundae \$7.50

Moist fudge brownie topped with vanilla ice cream, whipped cream and chocolate sauce.

Deep Dish Apple Cobbler \$7.75

Topped with vanilla ice cream.

New York Style Cheesecake \$8.25

With Fruit \$8.50

Rice Pudding \$6.50

Traditional and creamy with raisins and a dash of cinnamon.

Vanilla Cream Bread Pudding \$7.25

Pullman white loaf drenched in vanilla cream with cinnamon, brown sugar, melted butter and nutmeg. Baked until golden brown with a cinnamon sugar crust. Served with caramel sauce and vanilla ice cream.

Banana Flambé \$7.50

Sweet ripened bananas, sautéed with a dollop of butter and Captain Morgan's

Spiced Rum. Served with a scoop of vanilla ice cream, caramel drizzle

and whipped cream topped with a sprinkle of cinnamon.

Beverages

Freshly Brewed Coffee, Regular and Decaffeinated \$4.00

Hot Tea, Regular and Decaffeinated \$4.00

Unsweetened Iced Tea \$4.00

Orange Juice

100% Pure Squeezed small \$5.00, large \$8.00

Assorted Juices small \$5.00, large \$8.00

Coke, Diet Coke, Orange, Ginger Ale, Sprite, Club Soda \$3.75

San Pellegrino Sparkling Water \$5.25

Poland Springs Bottled Water \$2.75

Milk, Chocolate Milk and Hot Chocolate \$4.00

Espresso & Decaffeinated Espresso \$5.75

Cappuccino & Decaffeinated Cappuccino \$6.25

A 15% gratuity is added to all checks.

Gluten Free menu available upon request



Starters

Bistro French Brie \$15.95

Velvety baby brie baked and topped with strawberry preserves. Served with sliced apples, almonds, grapes and toasted Ciabatta bread.

The 450 Bistro Ultimate Layered Nachos \$16.95

Crisp tortilla chips loaded with grilled chicken or spicy ground beef, shredded lettuce, diced tomatoes, onions and lots of melted cheese.

Topped with bell peppers, jalapeños and black olives with salsa, sour cream and guacamole.

450 Bistro Wings \$14.95

A platter of buffalo wings tossed in your choice of mild, hot or BBQ sauce. Served with crisp celery & carrot sticks and classic bleu cheese dressing.

Try our Flavors:

Honey Garlic, Jerk BBQ, Sesame Ginger, Sweet Teriyaki

Fried Mozzarella Sticks \$10.50

Crispy and golden on the outside, hot and gooey on the inside. Sprinkled with Parmesan cheese and served with classic marinara sauce.

Chicken Quesadillas \$15.95

A stack of flour tortillas layered with Southwestern grilled chicken, melted Monterey Jack and Cheddar cheeses, red and green bell peppers, onions and tomato served with sour cream, guacamole and salsa.

Vegetable Spring Rolls \$12.95

Asian vegetable spring rolls oven-baked and served with sweet Thai, Ponzu and hot mustard dipping sauces.

Chicken Tenders \$13.95

Chicken tenders lightly battered and fried golden brown. Served with honey mustard or BBQ sauce.



Wok Creations

A selection of vegetables (baby corn, carrots, snow peas, bean sprouts, bamboo shoots, broccoli) prepared in your choice of sauce. Schezuan, Sweet 'n Sour or Teriyaki. Sautéed in a cast-iron Wok and served over a bed of steaming hot jasmine rice or substitute with lo mein noodles.

\$16.95 HH

With Beef add \$6.50

With Chicken add \$6.75

With Shrimp add \$7.50

With Tofu add \$3.00

Bistro's Black Angus Burger Bonanza

Classic 450 Bistro Black Angus Burger \$16.75

The original classic 8 oz Black Angus burger is slow grilled to perfection. Served on a toasted brioche roll with lettuce, tomato, red onions and garnished with a pickle spear. Served with coleslaw and French fries or sweet potato fries.

450 Turkey Burger \$15.25 HH

Our 8 oz turkey burgers are made with ground turkey, rice, red peppers and selected seasonings. Served on a toasted brioche roll with lettuce, tomato, red onions and garnished with a pickle spear. Served with coleslaw and French fries or sweet potato fries.

Bistro's Garden Veggie Boca Burger \$15.25 HH

A classic blend of mushrooms, onions, whole grains, herbs and spices topped with caramelized onions and chipotle mayonnaise. Served on a toasted 8-Grain roll with lettuce, tomato, onions and garnished with a pickle spear. Served with coleslaw and French fries or sweet potato fries.

Black Angus Burger Bonanza Toppings:

American cheese, Swiss cheese, Cheddar cheese, Provolone cheese, Crumbled Bleu cheese, Pepper Jack cheese, Mozzarella cheese, Bacon, Mushrooms, Grilled onions, BBQ sauce, Pizza sauce

Bread Selections

English Muffin, Wheat bread, White bread, Rye, Brioche Bun, Ciabatta Roll, Multi-Grain Bun, Pretzel Roll, Italian Roll, Slider Buns.

HH Denotes healthier dining options

You may consider substituting fat-free mayonnaise, low-fat or non-fat dressing and low-fat Alpine Lace Swiss cheese. Please consult your server for options. We use canola oil, extra virgin olive oil or Smart Balance spread in our cooking preparation, unless otherwise noted. Our Chef endeavors to accommodate any special requests.

Chef's Entree Selections

Lunch includes side salad • Dinner includes salad bar

450 12 oz. Black Angus New York Strip Steak \$39.95

Grilled to your specifications and served with three complementing dipping sauces: Bourbon BBQ, sour cream horseradish and roasted garlic butter. Accompanied with a seasonal vegetable du jour and potato or rice pilaf.

450's Homemade Meatloaf \$21.50

Our Chef's recipe of 100% Ground Beef and sautéed carrots, onions, and celery incorporated with a panko bread crumb mixture make up this delicious classic. Accompanied with a Sweet Jack Daniels Gravy along with your choice of two sides.

Consumer advisory: Contains eggs.

Chicken Parmigiana \$24.95

Chicken breast rolled in Italian bread crumbs, topped with marinara sauce and melted Mozzarella cheese. Served with Chef's selection of pasta.

Bourbon Glazed Salmon \$29.95 HH

8oz Filet of Atlantic Salmon rubbed with a mixture of chopped herbs, grilled then baked with a sweet bourbon glaze. Served with a vegetable du jour and your choice of potato or rice. Also available grilled or blackened.

Bistro Fish & Chips \$23.50

Crisp and crunchy cod strips served with malt vinegar, tartar sauce, French fries or sweet potato fries and coleslaw.

The Bistro's Pasta Bowl \$16.50

Your choice of penne, bowtie, linguine or whole wheat pasta with your choice of creamy alfredo sauce, garlic and olive oil or marinara sauce. Served with warm toasted garlic bread and a fresh garden salad.

With Chicken add \$6.00

With Shrimp add \$7.50

With Grilled Salmon add \$7.75

With Grilled vegetable medley add \$4.25

Pasta Labella \$16.95 HH

Tender whole wheat penne pasta tossed with a light tomato basil sauce, artichokes and roasted peppers served with garlic bread.

With Chicken add \$6.00

With Shrimp add \$7.50

With Grilled Salmon add \$7.75

With Grilled vegetable medley add \$4.25

With Vegetable Medley add \$5.25

Meat Temperature Guide

MEDIUM RARE: Warm red center, with a hint of pink

MEDIUM: Warm pink center

MEDIUM-WELL: Some pink in center

WELL: No pink, cooked all the way through

A 15% gratuity is added to all checks.

Gluten Free menu available upon request

The Sandwich Shop

450 Bistro Traditional Deli Sandwiches \$14.95

Your choice of oven-roasted turkey breast, roast beef, ham, tuna or chicken salad and your choice of cheese served on white, whole wheat or rye bread or prepared as a wrap with lettuce, red onions and tomato. Served with a pickle spear and French fries or sweet potato fries.

Also available as a half portion sandwich accompanied either with a garden salad with your choice of dressing or with our Chef's homemade daily soup. \$14.95

***Chicken Salad is made with sesame oil and can be requested without.**

Triple Decker Classic Club \$14.95

Oven-roasted turkey piled high with crispy smoked bacon, lettuce, red onions, tomato and mayonnaise on your selection of white, whole wheat or rye toast. Served with coleslaw, a pickle spear and French fries or sweet potato fries.

Classic French Dip \$15.95

Shaved roast beef cooked in au jus and covered in Provolone cheese on a toasted torpedo roll accompanied with au jus for dipping and horseradish sauce. Served with coleslaw, a pickle spear and French fries or sweet potato fries.

Grilled Chicken Sandwich \$14.95

Grilled chicken, garden greens, fresh tomato, red onions and crispy bacon topped with melted Cheddar cheese. Served with coleslaw, a pickle spear and French fries or sweet potato fries.

Philly Style Steak Sandwich \$16.95

Grilled steak, sautéed green peppers, onions and melted Provolone cheese on a toasted torpedo roll. Served with coleslaw, a pickle spear and French fries or sweet potato fries.

Turkey Reuben Sandwich \$14.95

Sliced oven roasted turkey breast, alpine swiss cheese, sweet sauerkraut with Russian dressing on toasted rye bread served with sweet potato or French fries.

Signature Salads & Soups

Soup Du Jour \$5.50 • French Onion Soup \$7.50 • Homemade Chili \$8.50

Chicken, Avocado and Tomato Salad \$16.75

Three pieces of mouthwatering succulent chicken seasoned to perfection with garlic, olive oil, salt and pepper. Paired with fresh tomato wedges, avocado and red onion, tossed with extra virgin olive oil infused with fresh basil.

Chef's Salad \$16.95 HH

Bed of fresh greens layered with a julienne of smoked ham, turkey breast, roast beef and Provolone cheese. Served with hard boiled eggs, fresh vegetables and your choice of dressing.

Caesar Salad \$14.25

Fresh, crisp romaine lettuce topped with Parmesan cheese, crispy garlic butter croûtons and served with our Caesar dressing.

With Chicken add \$6.00 • With Shrimp add \$7.50 • With Grilled Salmon add \$7.75

Fresh Garden Salad Bar \$15.25 HH

Enjoy our fresh garden salad bar which features fresh greens, crisp vegetables, shredded cheeses and toppings with a variety of dressings.

Dressing: Honey Dijon, Italian, Ranch, French, Bleu Cheese, Thousand Island, Parmesan Peppercorn, Balsamic Vinaigrette, Lite Raspberry Vinaigrette, Lite Ranch. All salads served with warm, lightly toasted baguettes.